

Time for Road Safety



**Lincolnshire
Road
Safety
Partnership**

The newsletter from the LRSP Education Team

Term 6 – Parents update

Our way of life has changed significantly since our last update, but collisions continue to happen with people getting hurt.

With lockdown rules easing, children and young people may be out and about more. The government are constantly reminding us of the actions necessary to avoid contracting Coronavirus but it is easy to forget the importance of road safety.

Do not allow children to play in the street, car parks or anywhere near moving vehicles. Even quiet residential areas or car parks will have residents, visitors and deliveries. It is very easy for drivers to miss a small child in their mirrors and blindspots.

Year 6 transition to secondary school

Many pupils will be travelling independently for the first time when starting secondary school.

You can support your child by helping them to think about how to stay safe on the journey to school and back.

Practise the route with them if they are going to be walking, cycling or using public transport. You could suggest the best route, pointing out the safest places to cross roads and how to deal with hazards along the route. The safest route is not necessarily the shortest.



Cycling

Getting out on two wheels is more popular than ever. The Brake charity has some useful tips on cycle safety for all the family [here](#).

If your bike has been gathering dust for a few months or years it is worth doing some checks before you first take it for a spin. Sustrans offer some useful advice on checking and maintaining your bike [here](#).

We always recommend that **everyone** wears a cycle helmet for **every journey** making it a normal part of safer cycling.

Your bike doesn't even have to be moving for you to wobble and fall off. A helmet may not protect you from all injuries, but can make a huge difference to the severity of a head injury. Just one bang to the head can sadly change a person's life forever.

Specialist cycle shops or larger stores such as Halfords and others have a large range of helmets in different sizes, shapes and design. There will be a helmet to suit and fit everyone.

Have a fun and safe summer