



Executive Head Teacher: Nichola Allerston BA (Hons) (QTS), NPQH
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Nettleton Community Primary School

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Welcomed, Valued, Supported

Monday 28th September 2026

Dear Parent / Carer

Young Carers at Nettleton Community Primary School

We are aware that we will have a number of children who attend our school who could be considered young carers. We know that nationally as many as one in 12 pupils could be young carers, helping to support their families.

A young carer is a child under 18 who is caring unpaid for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. This could include supporting a sibling who may have needs. They often take on practical and/or emotional caring responsibilities that might normally be expected of an adult.

We know that unidentified and unsupported young carers frequently experience difficulties in their education as a result of their caring role. Therefore, young carers may need a little extra support to enjoy and do well at school. At Nettleton Community Primary School, we are committed to ensuring that all children who are young carers are identified and supported effectively.

Initially, we would like to ensure we know who our young carers are and then work with families and children to see what additional support we can provide. This could be:

- A club in school to support young carers
- Having a name key person in school they can talk to if they needed to
- Additional educational support
- Signposting families to external support
- Visits or trips for young carers

If you think your child may be a young carer, please complete the FORMS by clicking [here](#) or email me directly nichola.allerston@nettleton.lincs.sch.uk

Any information received will be treated sensitively and no information will be shared without your knowledge.

Kind regards
Nichola Allerston
Executive Headteacher

Our Key Values: Commitment to Achieve, Caring, Respect, Co-operation, Happiness, Independence

