



**Welcomed, Valued, Supported**

**Executive Head Teacher:** Nichola Allerston BA (Hons) (QTS), NPQH  
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## **Nettleton Community Primary School**

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Thursday 2<sup>nd</sup> October 2025

Dear Parents/Carers

### **Support Young Minds - Hello Yellow 2025!**

We are excited to announce that our school will be participating in Young Minds Hello Yellow 2025 event on Friday 10th October, to raise awareness around children's mental health and well-being.

On this day, we invite all students to wear something yellow to show their support for this important cause. Whether it's a t-shirt, scarf, or even a pair of yellow socks, we would love to see the school shining bright with positivity!

Throughout the day, students will engage in a variety of mindfulness and well-being activities designed to help them explore ways to look after their mental health. It's a wonderful opportunity for us all to reflect on the importance of mental well-being in a supportive and engaging way.

We kindly encourage a voluntary donation of 50p to support Young Minds, but please note that contributions are completely optional. Every little helps, but the most important thing is that everyone takes part in raising awareness.

Thank you for your ongoing support. Let's make Friday 10th October a bright and meaningful day for everyone!

Kind regards

Mr D Toothill  
Wellbeing Lead

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**Our Key Values:** Commitment to Achieve, Caring, Respect, Co-operation, Happiness, Independence

