



# Our School LUNCH MENU

## WEEK ONE

| DISH                         | Monday                                | Tuesday                               | Wednesday                  | Thursday  | Friday                          |
|------------------------------|---------------------------------------|---------------------------------------|----------------------------|---|---------------------------------|
| <b>Main One</b>              | Cheese and Ham Pizza                  | Bolognese Pasta Bake                  | Roast Chicken and Stuffing | Hot Dog (Lincolnshire Sausage)                    | Coated Fish Fillet              |
| <b>Main Two (Vegetarian)</b> | Cheese and Tomato Pizza               | Quorn Bolognese and Lentil Pasta Bake | Quorn Roast                | Quorn Dog   | Veggie Goulash served with Rice |
| <b>Main Three</b>            | Jacket Potato with Chicken Mayonnaise | Jacket Potato with Tuna Mayonnaise    | Jacket Potato with Cheese  | Jacket Potato with Cheese                         | Jacket Potato with Baked Beans  |
| <b>Accompaniment One</b>     | Raw Carrot Sticks                     | Homemade Garlic Bread                 | New Potatoes               | Homemade Potato Wedges                            | New Potatoes (Main 1 Only)      |
| <b>Accompaniment Two</b>     | Peas Sweetcorn                        | Cabbage Cauliflower                   | Carrots Peas               | Raw Carrot Sticks Sweetcorn Tomato Ketchup Sachet | Baked Beans Peas                |
| <b>Dessert One</b>           | Yoghurt                               | Apple Fruit Cake                      | Artic Roll                 | Fruity Flapjack                                   | Chocolate Orange Cake           |
| <b>Dessert Two</b>           | Fruit Platter                         | Fruit Platter or Yoghurt              | Fruit Platter or Yoghurt   | Fruit Platter or Yoghurt                          | Fruit Platter or Yoghurt        |

## WEEK TWO

| DISH                         | Monday                             | Tuesday                         | Wednesday                         | Thursday                                | Friday                         |
|------------------------------|------------------------------------|---------------------------------|-----------------------------------|---|--------------------------------|
| <b>Main One</b>              | Mild Chilli Con Carne              | Chicken Casserole               | Steak Pie (Shortcrust Pastry Lid) | Meatball Pasta Bake                     | Fish Fingers                   |
| <b>Main Two (Vegetarian)</b> | 5 Bean Chilli                      | Winter Vegetable Hearty Risotto | Quorn Roast                       | Roasted Vegetable and Lentil Pasta Bake | Cheese Pinwheel                |
| <b>Main Three</b>            | Jacket Potato with Tuna Mayonnaise | Jacket Potato with Cheese       | Jacket Potato with Cheese         | Jacket Potato with Tuna Mayonnaise      | Jacket Potato with Baked Beans |
| <b>Accompaniment One</b>     | Rice                               | Homemade Roast Potatoes         | New Potatoes                      | Broccoli                                | Homemade Potato Wedges         |
| <b>Accompaniment Two</b>     | Peas Sweetcorn                     | Cauliflower Cabbage             | Carrots Peas                      | Sweetcorn                               | Peas Baked Beans               |
| <b>Dessert One</b>           | Yoghurt                            | Apple Crumble and Custard       | Ice Cream                         | Coco and Raspberry Sponge Cake          | Chocolate Fudge Cake           |
| <b>Dessert Two</b>           | Fruit Platter                      | Fruit Platter or Yoghurt        | Fruit Platter or Yoghurt          | Fruit Platter or Yoghurt                | Fruit Platter or Yoghurt       |

## WEEK THREE

| DISH                         | Monday                     | Tuesday                            | Wednesday                 | Thursday                       | Friday                    |
|------------------------------|----------------------------|------------------------------------|---------------------------|--------------------------------|---------------------------|
| <b>Main One</b>              | Chicken Curry              | Minced Beef Lasagne                | Roast Pork and Stuffing   | Chicken Nuggets                | Salmon and Broccoli Bake  |
| <b>Main Two (Vegetarian)</b> | Vegetable and Lentil Curry | Macaroni Cheese                    | Quorn Roast               | Baked Bean Flan                | Spanish Omelette          |
| <b>Main Three</b>            | Jacket Potato with Cheese  | Jacket Potato with Tuna Mayonnaise | Jacket Potato with Cheese | Jacket Potato with Baked Beans | Jacket Potato with Cheese |
| <b>Accompaniment One</b>     | Homemade Naam Bread        | Homemade Garlic Bread              | Yorkshire Pudding         | Homemade Potato Wedges         | Sweetcorn                 |
| <b>Accompaniment Two</b>     | Rice Peas                  | Carrots Sweetcorn                  | Carrots Cabbage           | Peas Baked Beans               | Cauliflower               |
| <b>Dessert One</b>           | Yoghurt                    | Sultana and Cherry Cake            | Jelly and Custard         | Victoria Sponge Cake           | Lemon Drizzle Cake        |
| <b>Dessert Two</b>           | Fruit Platter              | Fruit Platter or Yoghurt           | Fruit Platter or Yoghurt  | Fruit Platter or Yoghurt       | Fruit Platter or Yoghurt  |