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## **Nettleton Community Primary School**

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To try our best at everything we do

Monday 13 March 2017

Dear Parent/Carer

### **Packed Lunch Policy Consultation**

This letter is to formally invite you to a consultation to discuss our Packed Lunch Policy.

As a Federation with our own kitchen we have to follow the mandatory school food standards. Whilst the food we provide to children from the Federation kitchen is compliant, we are concerned that some children bring in packed lunches that are unhealthy. Examples of this include sugary drinks, multiple packets of crisps, confectionary and children with no fruit, salad or vegetables.

This is problematic in terms of childhood obesity and dental health. Some studies have also linked poor diet to poor behaviour.

As a result the School and Governors are committed to creating a new packed lunch policy that puts our children's wellbeing first. We are committed to consulting with parents to ensure we get the balance right between children's health and parental choice. We will also be looking for ways that we can help parents provide healthy choices for children.

We would like your help in developing this new policy and as such we are offering an opportunity for you to attend this consultation on **Monday 27 March between 8.30am and 9.30am in Beeches.**

The outcome of this consultation here and at Market Rasen C of E Primary School will shape the policy that we will launch in the near future therefore if you have a strong opinion we very much would encourage you to attend. After the consultation has been completed the new policy will be written and presented to Governors for approval.

Yours sincerely

Rhiannon Schaffer

Samantha Watson

Head of School

Healthy School Co-ordinator

### **Packed Lunch Policy Consultation**

I/We are able/unable to attend the packed lunch policy consultation on Monday 27 March.

Name of child/children \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Our Key Values: Commitment to Achieve, Caring, Respect, Co-operation, Happiness, Independence**



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