

To try our best at everything we do

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Dear Parents/Carers

## Sex and Relationships Education

As you are aware from last year, we have been using the JIGSAW program to teach Personal, Health and Social Education (PSHE) this academic year. Part of JIGSAW's PSHE for the summer term focuses on Sex and Relationships Education (SRE). Maintained primary and secondary schools are legally obliged to have an up-to-date SRE policy that describes the content and organisation of SRE taught outside science in the National Curriculum. Please note that JIGSAW's teaching of SRE starts from Year 1 onwards offering children increasing levels of information as they move towards Year 6.

As your child is being taught the Jigsaw SRE lessons again this year, we wanted to make you aware of the content for your child's year group. On the back of the letter are the areas we will be looking at in each year group during Term Six this year. These lessons will make up one or two lessons during the whole term as part of the 'Relationships' unit.

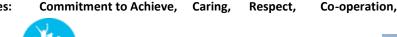
As ever, we will be sensitive to the needs of the pupils we teach and take their age and maturity into consideration. We will teach some parts of the SRE curriculum with boys and girls together and at other times, separately.

For further information on the teaching of SRE and examples of planning, the website is <u>www.jigsawpshe.com</u> Please don't hesitate to come and see me if you would like to look at the materials or discuss the scheme further.

Yours sincerely

Rhiannon Morgan Head of School

Our Key Values:





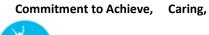
Happiness,

Independence

## Jigsaw SRE Content

The grid below shows specific SRE learning intentions for each year group in the 'Changing Me' Puzzle.

Year	Piece Number and	Learning Intentions for each year group in the 'Changing Me' Puzzle.
Group	Name	'Pupils will be able to'
1	Piece 4	identify the parts of the body that make boys different to girls and use the correct names for
1	Boys' and Girls'	these
	Bodies	respect my body and understand which parts are private
2	Piece 4	recognise the physical differences between boys and girls, use the correct names for parts of the
2	Boys' and Girls'	body and appreciate that some parts of my body are private
	Bodies	tell you what I like/don't like about being a boy/girl
3	Piece 1	understand that in animals and humans lots of changes happen between conception and growing
,	How Babies Grow	up, and that usually it is the female who has the baby
	now babies drow	express how I feel when I see babies or baby animals
	Piece 2	understand how babies grow and develop in the mother's uterus and understand what a baby
	Babies	needs to live and grow
	Dables	express how I might feel if I had a new baby in my family
	Piece 3	understand that boys' and girls' bodies need to change so that when they grow up their bodies
	Outside Body	can make babies
	Changes	identify how boys' and girls' bodies change on the outside during this growing up process
	e	recognise how I feel about these changes happening to me and know how to cope with those
		feelings
	Piece 4	identify how boys' and girls' bodies change on the inside during the growing up process and why
	Inside Body	these changes are necessary so that their bodies can make babies when they grow up
	Changes	recognise how I feel about these changes happening to me and how to cope with these feelings
4	Piece 2	correctly label the internal and external parts of male and female bodies
	Having A Baby	understand that having a baby is a personal choice and express how I feel about having children
		when I am an adult
	Piece 3	describe how a girl's body changes in order for her to be able to have babies when she is an adult,
	Girls and Puberty	and that menstruation (having periods) is a natural part of this
		know that I have strategies to help me cope with the physical and emotional changes I will
		experience during puberty
5	Piece 2	explain how a girl's body changes during puberty and understand the importance of looking after
	Puberty for Girls	myself physically and emotionally
		understand that puberty is a natural process that happens to everybody and that it will be OK for
		me
	Piece 3	describe how boys' and girls' bodies change during puberty
	Puberty for Boys	express how I feel about the changes that will happen to me during puberty
	and Girls	
	Piece 4	understand that sexual intercourse can lead to conception and that is how babies are usually
	Conception	made
		appreciate how amazing it is that human bodies can reproduce in these ways
6	Piece 2	explain how girls' and boys' bodies change during puberty and understand the importance of
	Puberty	looking after myself physically and emotionally
		express how I feel about the changes that will happen to me during puberty
	Piece 3	ask the questions I need answered about changes during puberty
	Girl Talk/Boy Talk	reflect on how I feel about asking the questions and about the answers I receive
	Piece 4	describe how a baby develops from conception through the nine months of pregnancy, and how
	Babies –	it is born
	Conception to Birth	recognise how I feel when I reflect on the development and birth of a baby
	Piece 5	understand how being physically attracted to someone changes the nature of the relationship
	Attraction	express how I feel about the growing independence of becoming a teenager and am confident
		that I can cope with this



**Healthy School** 

Respect,

Co-operation, Happiness, Independence

