



Executive Head Teacher: Andrew Smith B.Ed (Hons), M.Sc, NPQH
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Nettleton Community Primary School

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www.nettletonprimary.co.uk

To try our best at everything we do

Tuesday 18 July 2017

Dear Parents/Carers

Packed Lunch and Break Time Snack Policy

Last week we sent you some information about our new Packed Lunch and Break Time Snack Policy. Since then we have had meetings with two parents and e-mails from three parents regarding the policy, from across the Federation. Despite this being a very small proportion of our 380 children, it has become clear to us from these e-mails and meetings that some aspects of the policy are not clear and some things have been misinterpreted by parents for which we take responsibility.

This letter seeks to address these issues. You will find attached to this letter

- 1) The full policy that has been reworded to avoid misinterpretation
- 2) A list of FAQs regarding why the policy has been implemented
- 3) A list of alternatives and ideas for a healthy packed lunch.

Hopefully this information will make things clearer for parents.

I would like to take this opportunity to address a few common misconceptions that have been raised.

- **Flavoured water the school will be providing.** This is not commercially bought. Mrs Barnes will infuse real fruit in water to serve the children a delicious, chilled, healthy drink at lunchtime.
- **Cake is allowed.** The policy says that cakes are allowed but parents are asked to consider sending them in just once a week. Parents are asked not to send in multiples of the same item e.g 2 cake bars.
- **Crisps are allowed.** The policy says that crisps are allowed but parents are asked to consider sending them in just once a week. Parents are asked not to send in multiples of the same item e.g 2 packets of crisps.
- **Chocolate covered biscuits are allowed.** Confectionary is not allowed e.g mars bars, sweets, etc. The policy says that chocolate covered biscuits are allowed but parents are asked to consider sending them in just once a week. Parents are asked not to send in multiples of the same item e.g 2 chocolate covered biscuits.

This policy will be reviewed at the end of the 2017/18 academic year so we will consult with parents again about it then.

If you have any questions regarding this information please let me know. We look forward to working with you to ensure that you have choice at lunchtime whilst keeping children healthy.

Yours sincerely

Andrew Smith

Executive Headteacher

Our Key Values: Commitment to Achieve, Caring, Respect, Co-operation, Happiness, Independence





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